## Herne Hill Youth Cycling Club www.hhycc.com

Club contact: Louise Boulton 07722 123 692 / hernehillyouthcyclingclub@gmail.com









### Trip to Afan Forest Park, South Wales Saturday 26<sup>th</sup> May – Tuesday 29<sup>th</sup> May 2018

Once again we're returning to Afan Forest Park, and the trip is now open for bookings.

**Where are we going?** We have booked accommodation at <u>Bryn Bettws</u> for 3 nights for up to 30 people.

**What will we do?** We aim to ride all 4 days, with Saturday and Tuesday being half days to accommodate the journey. We will be staying in the heart of <u>Afan Forest Park</u>, with enough trails to keep us busy, straight out of the door. There's a skills park and a 4X course on site and two trail centres within riding distance.

This will be a full-on trip, and people will be expected to ride every day. As always we will split into groups based on ability, and take local conditions into account. And we will have MTB FUN! You will need a mountain bike with front suspension and working brakes! Please talk to one of our coaches if you're not sure about your bike.

**Who's invited?** Strong over 12s, plus regular racers who are over 10 are invited. It'll be too much for the 10 o'clock riders and some of our 11 o'clocks

The hills really are big and the descents can be quite scary, so you need to be skilled, strong and fit!

With the age group and ability we are looking at, we are happy to take unaccompanied children with parent / carer consent. HHYCC coaches will be present alongside other adult riders.

You are welcome to accompany your kids, but we will give priority for hostel space to children.

Some parents have indicated they would like to come along and go walking for the weekend.

**What will it cost?** The trip will cost £200 per person for 3 nights full-board accommodation, transport, costs, and snacks etc.

We hope that sounds enticing, so in order to book your place:

- 1. Email Louise Boulton at hernehillyouthcyclingclub@gmail.com with your names / mobile no.
- 2. Complete the form below and send it to Louise by email or by post to 17 Somers Road, London SW2 2AE
- 3. Pay a deposit of £40/person to Herne Hill Youth CC see covering email for details.

We need to confirm places by mid April, so let us have your reservations and deposits soon!

#### Places are limited

Please complete the form overleaf

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### Yes, please book us onto this trip...

Name		Ag	je	Name			Age
I am sending totalling:	g a deposit of £40	)/person	£	Ву ВА	.CS transfer		
HHYCC Bank	Details:						
Account Nam	ne: Herne Hil	l Youth CC					
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