



Here is our news 31st March 2016

Please feel free to contribute your cycling, event or race news for next week's mail...

News roundup

Are you on our Facebook group?

To supplement then newsletter, more and more of our news is going onto our Facebook page. Why not join it in order not to miss out? And email Geoff so we can accept your request to join.

<https://www.facebook.com/groups/HerneHillYCC/>

Thinking of going to Afan this year?

Our Afan trip for 12s and over is a great trip, and Mark has been publicising this to you. We encourage all of you to come along, especially you girls, and have spoken with most of you.

But to enjoy the trip and the riding Afan offers, we need to build up your fitness and stamina, and that's not going to come from a couple of hours riding around the velodrome trails.

So we need to see you all going out on the off road rides we run together with the April 17th MTB trip to Swinley, and then you'll be fine!

The relevant rides are:

Ride	April	May	Group	led by
Week 1: Off road adventure/skills session (includes road riding)	2nd	7th	all over 12's Youth and Juniors	Charlie / Mark
Week 3: Off road (includes some road riding)	16th	21st	10 – 12 years	Bill
Optional				
Week 4: Road ride, loosely following the DP route	23rd	Afan	12 – 14 years	Mark / Geoff

We also need to see you off your Cross bikes, and onto MTBs – they handle differently, are heavier and the smaller wheels will build up your strength. It's what you will ride at Afan.

Whilst we will run the Afan rides based on ability, there is not much point going all the way to one of the UK's premier MTB trail centres, if all you ride are the blue trails. You can do that at Bedgebury and Swinley!



Herne Hill Youth Cycling Club

Herne Hill



Join the HHYCC team!

We currently have several roles which if filled would make a great contribution to the growth and sustainability of HHYCC.

The club has always seen itself as a community club, owned and grown by the members and their parents / carers. Everyone who helps does what they can, when they can, no matter how much or little, it all helps.

So if you want to contribute, and think you can help, please consider the following and with the other roles listed later.

Fundraiser (2 people)

Damian Welch has offered his time for this role, but a second person would be really great...

The role of the Fundraiser is to secure annual funding for HHYCC to enable projects and expected expenditure to be covered.

The role will work alongside the Treasurer and the Volunteer co-ordinators

- Identify and seek funding opportunities
- Identify and approach potential sponsors
- Identify available bursaries to support the training of coaches (British Cycling, Sport England etc.)
- Organise fund raising events
- Engage Club members and their parents in fund raising
- Work with the volunteer's co-ordinators where appropriate
- Work alongside the other fund raising activities from the Velodrome Trust and Friends of the Velodrome

Volunteers co-ordinator (2 people)

The role of the Volunteer Coordinator is to coordinate the work being done by the various volunteers involved in the HHYCC. It includes encouraging, supporting, retaining and rewarding volunteers.

- Be the go to person for jobs that need to be done
- Lead and manage our Young volunteers and the British Cycling YV scheme, and Duke of Edinburgh volunteers
- Supervise and oversee our volunteers, including any paperwork
- Encourage new volunteers, understand the skills our parents can offer
- Identify and promote available training courses
- Recognise and nominate your volunteers for volunteer awards
- Ensure HHYCC makes the most out of our ClubWorks initiatives

Race Advisors to help Bill

The role of Race advisor is to promote and encourage all riders to participate in competitive races. A large part of this role is making oneself available at the start of each race season to help parents and children prepare for attending their first race.

- To encourage riders to take part in races
- To help parents/carers and riders prepare for their first race, including what to do when they

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- arrive at a venue
- To publicise the race calendar for local and regional race meetings and Go Ride/ Go Race events

Coaching Secretary

This role is to organise and improve the coaching at HHYCC

- Liaise with coaches over rota
- Organise coaching meetings
- Encourage more people to become coaches
- Publicise coaching courses

Event catering (joint role) to help Dave Argent

To organise and run our catering tent at our events (2-3 per year)

Newsletter

To take over the publishing of the HHYCC newsletter / Facebook / Twitter posts to keep people informed.

Spring party and AGM

When: Saturday 16th April, 4-8pm

Where: Herne Hill United Church hall at 155 [Half Moon lane](#), Herne Hill, near the corner of Beckwith Road.

Why:

- To socialise with the great people who make the club such a friendly place – members, parents, carers, siblings, volunteers;
- To elect the HHYCC committee to oversee the running and growth of the club;
- To try your skills at indoor cycle racing against each other.

Entertainment: [Rollapaluza](#) providing racing entertainment for all.

Refreshments: It's a **Pot Luck Supper** - everyone brings a dish with enough to feed themselves and a little more. We pool it all together and share. A mixture of main dishes, salads, desserts usually turns up and we all marvel at the culinary skills of the club! We'll supply drinks, cutlery, plates, etc.

4pm	Help with setup
5pm	Heats for Rollapaluza
6pm	Food and AGM
	Club report, Finance report
	Election for the Club Committee members
	AOB
7 – 8pm	Rollapaluza finals and further racing as time permits



Herne Hill Youth Cycling Club



Clear up

Role	Nominations
Chair	Charlie Codrington (standing down) Standing: Mark Hindley
Secretary	Geoff Nutter (continued role)
Treasurer	David Argent (continued role)
Welfare Officer	Lisa Godfrey (continued role)
Club Kit	Matt Levett (continued role)
Race Advisors (Joint Role)	Vacant, Bill Wright (continued role)
Bike Maintenance	David Collins (continued role)
Website Manager	Geoff Nutter (continued role)
Membership Secretary	Michelle Williams (standing down) standing: Paul Hickey
Coaching Secretary	Vacant
Volunteers co-ordinator	Vacant
Fundraiser	Vacant
Trail sub-committee	Mark Hindley (continued role)
Friends of the Velodrome representatives	Max Reuter, Peter Bancroft (continued role)

Other roles

Meeting minutes	Jon Abbott
Register rota	Andrea Permentiers
Event catering (joint role)	Dave Argent / Vacant
Newsletter	Geoff Nutter (standing down)
Trips	Geoff Nutter / Mark Hindley

Dates for the diary

May 1st: Crab and Winkle way ride, Canterbury to Whitstable and back

April 17th: MTB day ride out for to Swinley – for Afan riders and others

May 28-31st: Afan weekend

June 21st: Marshalling at the Crystal Palace crits

June 25th: Fundraising madness: sponsored activities and midsummer party at the velodrome

July 2-3rd: Family day or weekend mountain biking



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October: Possible club weekend away to Holmbury or Streatley YHA

Youth, Junior and Espoires (from Dave)

No racing news this week but we've a packed weekend of riding coming up with MTB rides Saturday, a pavé-tastic Sunday ride plus news of a busy weekend of XC racing for the following weekend;

Saturday 2nd April – Youth & Junior MTB Rides

Youth:

Mark will be leading the youth off into the local wilderness in search of all things muddy this Saturday. Meet at the velodrome around 9.15 with the aim of a 9.30am depart.

Juniors:

We're also going off road this Saturday... and on MTBs too!!! Taking in many of your favourite trails, mud, woods, more mud, climbs, bit more mud, descents, even more mud, and a little tarmac, we'll aim for a 25-30-mile loop getting back to CP in time for refreshments around 1pm. Meet at 9.15am, aiming to depart 9.30am from the velodrome.

PLEASE NOTE: There will be no dedicated Junior ride on Saturday the 9th April. Regular Juniors are welcome to join the main 9am Dulwich Paragon Saturday ride but do make yourselves known to the ride leaders at the velodrome before setting off with a group - we don't want you ripping their legs off! Also, see MTB racing item further down this newsletter.

Rides will be on the road or part on road so normal pack drill:

- Helmets must be worn
- BC HHYCC and/or DP Membership required
- Bring spare inner tubes that fit your bike
- Wear suitable clothing for the weather
- Money for emergency buns
- Food and water
- The name and telephone number of an adult who can rescue you on a PIECE OF PAPER in your back pocket.

Parents and Guardians - please be contactable and available to rescue your charge should the need arise.

Sunday 3rd April – 'Ronde Van Vloondinium' Sunday Ride

Seeing as it's the 100th Tour of Flanders (Ronde Van Vlaanderen) race this Sunday, we thought it would be fitting to do a 'Flanders-esque' ride followed by watching the race live on TV.

The plan is to do one of the much loved (or loathed) 'classics-inspired' rides finishing up at Look Mum No Hands on Old Street in Clerkenwell where we can watch the big race on a big screen.

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Taking in a bit of everything from tarmac to various other loose surfaces, with a climb or five, as it's Flanders ...and hopefully a cobble or three. The ride should be about 80km and will be suitable for road bikes – or cross bike fitted with road tyres if you really don't want to bounce about on your shiny racing stead on less than billiard-smooth roads for a couple of hours!

Meet at the velodrome at 845am, departing 9am and aiming to arrive at Look Mum No Hands (old Street) around 12.30-1pm where we'll watch the race. Once the racing has finished we'll lead the group back to the velodrome for around 5-6pm, depending how long the pros take to finish!

Usual pack drill applies as Saturday ride – do make sure to bring a couple of inner tubes, pump and or gas plus suitable food to keep you going during the ride.

Wednesday Evenings

The Wednesday Junior Chain gangs are now up and running – following the traditional DP winter chain gang route from Elmers End to Polhill and back. Suitable for Juniors and strong Youths who are racing, meet at Elmers End at 7.15 – Don't forget your lights!

April 9th / 10th - MTB racing weekend spectacular!

Two XC races to keep you all occupied over the weekend of the 9th / 10th April and a perfect way to kickstart your summer racing activities;

On Saturday there's first round of the brilliant Beastway series at HogHill. U12s, Youths, Juniors and Seniors races from 12noon – see beastwaymtb.com for details.

And on Sunday it's the third and final round of the Gorrick Spring XC series at Area 51 Frimley Green – details at gorrick.com

Calendar for this week:

Saturday: Youth and Junior MTB rides

Sunday: Ronde Van Vloondinium

Monday:

Tuesday:

Wednesday: Juniors Chain gang

Thursday:

Friday:

Saturday: Beastway R1 - Hog Hill

Sunday: Gorrick Spring XC R3 - Area 51 Frimley Green

Offers received via our various email addresses...

Here are some of the offers we get sent that could be relevant to you...

Sponsored ride for St Christopher's Hospice who looked after Martin so well.

In 2017, St Christopher's Hospice will have reached its 50th birthday, and to celebrate we are going to Paris! We are looking for 50 of our wonderful supporters to take on our London to Paris in



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June next year, whilst raising funds for the hospice. This event promises to be an adventure, cycling from the hospice itself to the Eiffel Tower.

Although the event isn't until June 2017, we are holding an information evening on Wednesday 13th April for anyone that may be interested in taking part. I would much appreciate if you'd be so kind to circulate this to your club members to help us spread the word! J

Any questions, please contact me.

Many many thanks,

Remi Knight, Community Fundraiser, 020 8768 4577 | r.knight@stchristophers.org.uk

A cycle app from Ned Boulting...

My name is Ned Boulting, you may recognise me for my work over the years presenting ITV's Tour de France, but I wanted to message you about a project that I have been working on. My fellow co-founders and I are preparing to launch a cycling app called [Crossa](#). Crossa is the first free mobile app that focuses on connecting the road cycling community with one another. The app also supports the efforts of cycling clubs to both grow membership numbers and keep their members both connected and better informed on club related information, such as rides and activities.

We came across your club through British Cycling, and would love to invite you and your members to Crossa as part of our special early access group. [Here](#) is a link that you can share with your members to download the app. Crossa will launch for your club once 9 of your members have joined.

Looking forward to seeing you on Crossa!

Best regards, Ned



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31st July

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That's it for this week!

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